

new dawn new day

a brighter future for women

...share your skills,
make a difference...



[ndnd.org.uk](https://www.ndnd.org.uk)

Charity Number 1034869

Introduction from the Chair...

Thank you for your interest in joining our board. This is an exciting opportunity to be part of a board which makes a difference to the lives of women who've faced tremendous challenges.

During 40 years of operating in Leicester, we have evolved into a specialist service for women with multiple unmet needs. We now work with over 400 women a year from across Leicestershire. A strong focus of our work today is supporting women referred to us through the Police and Probation services.

We operate on principles of inclusion, community development and mutual empowerment and our structure is committed to putting the women we support at the forefront of everything we do.

This extends to celebrating and fostering an ethos of respect, safety and belonging within our staff, volunteers and trustees,

At a time when marginalised women face unprecedented challenges, we believe our work is vital. We have worked hard to build and maintain our excellent reputation with our current funders, (Ministry of Justice, Office for the Police Commissioner, National Lottery), for high quality service delivery and effective strategic partnerships.

Like many other charities, we are facing some significant challenges, both financial and structural which will require us to seek new ways to develop our business to ensure we have a thriving future. I want to lead a team of Trustees to work with me and our executive team to steer us to that goal. If you have the energy, skills and personal qualities to join us on this journey, I would love to hear from you.

Roohi Mehra - Chair, New Dawn New Day



Sara Swire, CEO, explains the New Dawn New Day Approach

Our founders were a group of women with a shared vision to improve their lives and those of their families. They pioneered one of the UK's earliest community-led women's centres.

This has evolved and developed over the years into a trauma-informed, holistic, and gender-responsive organisation which provides access to a range of services aimed at tackling the root causes that bring women into contact with the criminal justice system. These include one to one support, alongside therapeutic and educational programmes.

The trauma informed model we have developed recognises the impact of trauma and adversity on women's pathways to becoming involved in the criminal justice system. It has the potential to work at any stage of involvement in the system, including prevention, early intervention, diversion and rehabilitation, reducing the number of women entering the criminal justice system.

In addition to providing accessible services, New Dawn New Day also offers women the opportunity to feel a sense of belonging and validation along with the chance to build interpersonal connections through peer support, assuring women that they are not alone in their struggles.

Sharing experiences with those who have faced similar challenges can foster empathy, reduce isolation, and support women to rebuild their lives and regain a sense of control and agency over their well-being.



Why Women Only...?

Our approach is to provide a gender-responsive service delivered in a women-only space. Our experience has shown that by providing a secure, understanding and empowering environment, survivors can heal, rebuild their lives, and regain a sense of control and agency over their well-being.

Addressing Stigma and Shame

Women may experience societal stigma and shame related to their traumatic experiences, particularly in cases of sexual assault, domestic abuse and involvement in the criminal justice system. A women-only space helps mitigate these feelings by creating a supportive and non-judgmental atmosphere, fostering an environment where women can openly discuss their experiences without fear of social stigma.

Empowerment and Agency

Women-only spaces empower women by offering them a sense of agency and control over their healing journey. In such environments, women can actively participate in decision-making processes, shaping the direction of their recovery and regaining a sense of empowerment that trauma often strips away.

Shared Understanding and Peer Support

Women who have experienced trauma often find solace in connecting with others who have had similar experiences. A women-only space fosters shared understanding, creating a supportive community where women can exchange insights, offer encouragement, and share coping strategies, facilitating a sense of belonging.



Our Impact...

We supported

442

women during
2022/2023

Of women surveyed

98%

would recommend
us to other women

98%	Felt more positive about their future
96%	Said they were less likely to reoffend as a result of our support
95%	Had a better understanding of trauma and how it had affected them
93%	Felt better about themselves
85%	Felt that they were now working better with other organisations and professionals
78%	Felt that their emotions were less overwhelming and out of control
77%	Had reduced their level of drug or alcohol misuse
75%	Had reduced their levels of self-harm
75%	Were feeling less lonely or isolated

"When you walk into the centre it feels like a huge hug. The energy & atmosphere are so lovely...It's a safe space & I can drop my walls"

"What would I tell other women ? Push yourself to attend the sessions and watch the better person you become "

"You meet the best people, friends and support workers and they give you the confidence to achieve and to see things differently. "

About the role of Trustee...

We are looking for Trustees to work with our executive team to develop our strategic direction, ensure effective governance & inspire us.

Key Responsibilities

Ensuring effective governance

- Providing support and leadership to ensure trustees fulfil their duties and contribute to strategic decision-making
- Maintain a supportive team culture among trustees, leveraging their varied experiences and networks for the charity's benefit
- Supporting colleague trustees to develop a collaborative team approach
- Develop and plan to ensure diversity & inclusion models and other relevant skills are embedded in our approach

Development of the charity's long-term strategy

- Working in collaboration with trustees, the CEO, and the Senior Executive Team to oversee the development of the long-term strategic plan
- Review delivery of the annual plan to achieve funding & project objectives
- Research broader networks, potential partnerships & stakeholders to support the charity's strategic goals and funding requirements

Working with others

- Develop productive working relationships and networks
- Agree annual objectives as a board within a mutually supportive network ensuring oversight to deliver

Acting as a representative of the charity

- Be an ambassador, developing our network with decision makers and other stakeholders as appropriate



Person Specification

We welcome applications from those who can provide leadership, commitment and who will advocate for social justice for women. Skills in HR, fundraising and strategic planning are desirable, but not essential.

Experience

- Proven success in working in teams to achieve results
- Demonstrable experience of chairing meetings and facilitating discussions to an agreed agenda
- Ability to network and connect with individuals from diverse backgrounds

Attributes

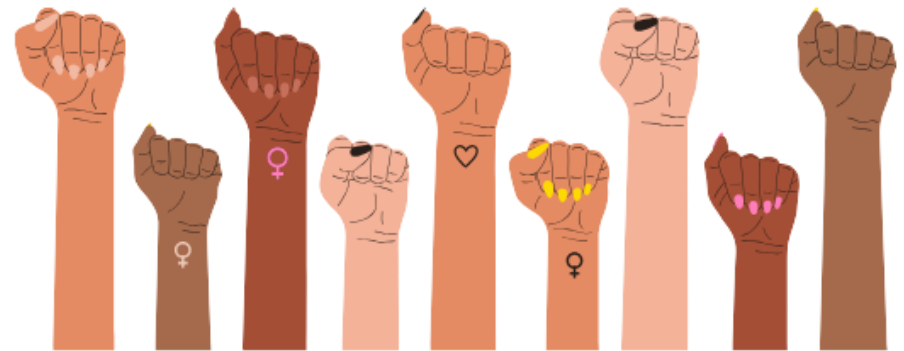
- Inclusive and facilitative approach to ensure all voices are heard.
- Acts collaboratively and supports collective decision making
- Able to demonstrate sound judgement with confidence
- Open to new ideas and different ways of working
- Willingness to devote the necessary time and commitment to the role

Knowledge

- Interest in the women's sector & work of small charities is welcomed
- An understanding of the impact of trauma and familiarity with trauma-informed approaches would be useful but full training will be provided for the successful candidate

Desirable Skills and abilities

- Excellent interpersonal and communication skills.
 - Strong relationship-building abilities.
 - Ability to assess and manage risk
- Applications from BAME, neuro diverse people and other under-represented groups are encouraged to apply



Additional information & how to apply...

Time Commitment

The Board meets 4 times a year in person, usually at our offices in the centre of Leicester, although remote attendance online is also available.

In addition to this you may also be invited to participate in and/or lead working groups and attend events as required.

It is estimated that the average time commitment for this role will be 1 to 2 days per month.

We also organise "time out" sessions each year to review both the strategy and the effectiveness of our governance arrangements.

Terms of Appointment

All Trustees are appointed for a minimum period of 2 years. This post is for an initial term which may be extended for one further term of 2 years.

As a Trustee, you are also appointed as a director of New Dawn New Day Ltd.- a company limited by guarantee.

Vetting

Due to the nature of our work, Trustees are required to undergo vetting with the Disclosure and Barring Service (DBS) prior to confirming appointments.

Location

New Dawn New Day is based in central Leicester at 3 Museum Square, LE1 6UF.

Remuneration and benefits

The Trustee role is a voluntary position and therefore not remunerated. Reasonable expenses will be reimbursed. For successful applicants living outside of Leicestershire. We will cover travel expenses and accommodation costs where appropriate. The charity also provides Trustees with comprehensive professional liability insurance cover.

How to Apply

Applications for this position should be submitted by email to admin@ndnd.org.uk by 5pm on Friday April 4, 2025 and contain the following:

- A short CV setting out your career history, responsibilities in each of your roles and achievements.
- A covering letter (maximum 2 sides) highlighting your suitability for the role and how you meet the person specification.
- Details of three professional referees together with a brief statement of their relationship to you and covering the last 5 years of employment or professional activity. Referees will not be contacted without your prior consent.

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Company Number 02898859

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